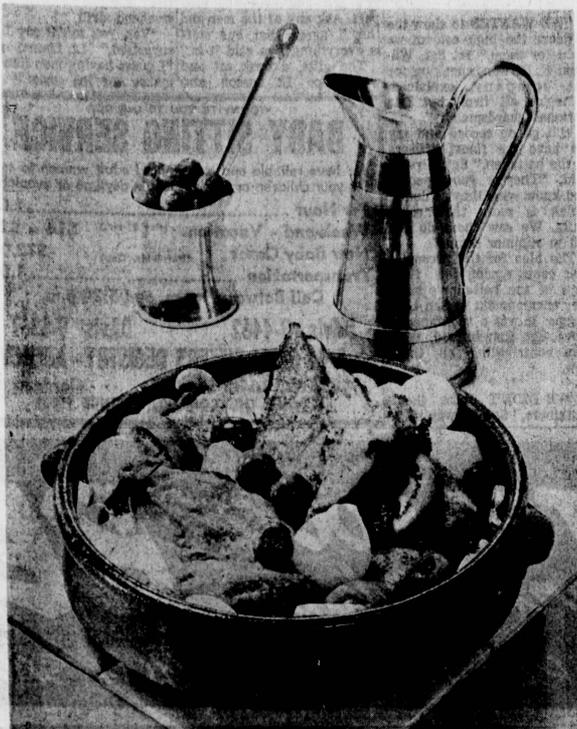


MARY WISE Menu Planners AND SHOPPING SUGGESTIONS



TIRED OF JUST PLAIN fried chicken? Try this interesting Chicken Catalan, chicken braised with vegetables and pimiento-stuffed olives. It's made in a Dutch oven and served with hot rice.



PARTY CHEESE BALL
 1/2 lb. sharp cheddar cheese
 1 pkg. (approx. 3 1/4-oz.) Roquefort or blue cheese
 2 tsp. Worcestershire sauce
 2 tsp. prepared mustard
 1 1/2 tsp. celery salt
 Dash Tabasco
 Approx. 1/2 cup beer
 Grate softened cheese or cut in cubes. Add seasonings, blend with electric mixer or by hand, adding beer slowly to make of spreading consistency. Pack into foil-lined one-pint bowl, cover with foil and chill overnight.

'Favorite Pies' Subject for Recipe Contest

What is your family's favorite pie recipe? Is it a chiffon pie? One crust or two crust?
 Be sure to enter it in the new Mary Wise Recipe of the Month Contest. Winner of the contest will receive a \$20 merchandise order from any market advertising in this newspaper.
 Deadline for entries in the "My Favorite Pie" contest is Oct. 9. Mail your entry to Mary Wise, care of this newspaper. Everyone is eligible to enter except employees of this paper. One entry per envelope please. As space permits, other entries of runners-up in the contest will be printed.

Brand New Chicken Ideas

For some time now, chicken has been one of the best meat buys. Try these new chicken recipes and you'll be keeping them in your permanent recipe file.

CHICKEN CATALAN

- 1 broiler-fryer chicken, 3 lbs., quartered
- 1 clove garlic
- 1 tbs. olive or salad oil
- 8 small white onions, peeled
- 1 tsp. salt
- 1/2 tsp. pepper
- 1/2 cup chicken stock or bouillon
- 4 medium tomatoes, peeled and diced, or 1 can (1 lb.) tomatoes, drained
- 1/2 lb. fresh mushrooms, sliced
- 1 cup sliced pimiento-stuffed olives
- 1/2 cup dry vermouth
- 1/2 cup flour
- Hot cooked rice

Brown chicken with garlic in hot oil in Dutch oven; discard garlic. Add onions, salt, pepper, chicken stock and tomatoes. Cover and

bake at 375 degrees for one hour. Add mushrooms and olive to chicken; bake 15 minutes longer. Remove chicken and onions. Blend vermouth and flour; stir into tomato-olive sauce. Cook, stirring constantly, until thickened. Return chicken and onions to pan. Heat to serving temperature, basting with sauce. Serve with hot rice.

OLIVE GLAZED CHICKEN

- 1/2 cup finely chopped pimiento-stuffed olives
- 1/2 cup soy sauce
- 3 tbs. honey or firmly-packed brown sugar
- Dash Tabasco sauce
- 1/2 tsp. ginger
- 1/2 tsp. paprika
- 1 small clove garlic, finely chopped
- 4 chicken breasts, split and boned if desired
- 8 strips bacon

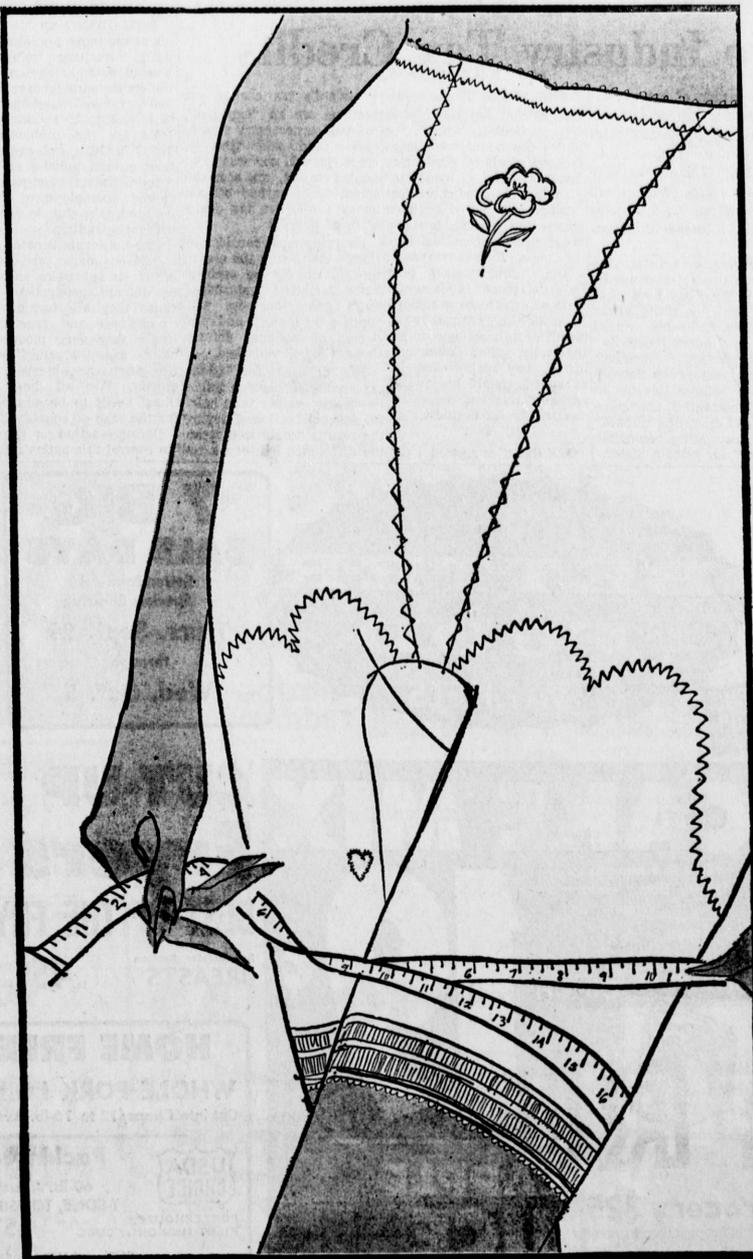
Combine olives, soy sauce, honey, Tabasco, ginger, paprika and garlic; mix well. Pour over chick-

en. Chill 2 hours. Remove chicken and reserve olive mixture. Wrap chicken breasts with bacon slices. Arrange in shallow baking pan and top with olive mixture. Bake at 350 degrees one hour or until chicken is tender. Baste frequently during baking period.

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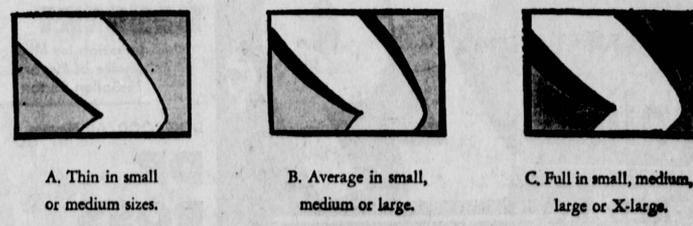
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